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November 2019



TR Fastenings would like to congratulate Edward Osborne who was crowned the 2019 'Young Employee of the Year' (awarded for showing bravery in overcoming adversity or excelling and demonstrating a huge personal achievement) at this year's [Uckfield Community Awards](#).

This year's event was held at the East Sussex National on the 8th November, where the amazing work done by people in the local community was recognised and awarded.

Luke Murphy, UK HR Manager at TR Fastenings, comments:

'We were delighted to be able to continue our sponsorship of the Young Person of the Year Award. Once again it proved to be a very difficult decision to make, with several exceptional nominees. Many congratulations to Edward Osborne who was our deserved winner on the night.'

Edward received multiple nominations and is clearly a very supportive and helpful member of the Newick community. Well done Edward, keep it up!'

[Click here](#) to watch a video of the Community Awards celebrations.

TR Press Release

TR Fastenings Uckfield have MO' to give as they raise money for Movember!



November 2019



Employees at TR Fastening's headquarters in Uckfield, are taking part in Movember, to help raise awareness and money for the leading charity tackling men's health on a global scale. The charity along with their 'Mo Bros' and 'Mo Sistas' across the world stand for; tackling prostate cancer, testicular cancer, mental health and suicide prevention.

Last year Movember raised an impressive £57.6 million! The TR team are looking forward to contributing to a great cause this year.

[Click here](#) to donate to TR's Movember page.

TR Press Release

Lancaster Fastener is proud to support Sydney Terry who has been Slalom Racing for over 18 months



October 2019



Lancaster Fastener Co Ltd, part of the Trifast plc group of companies, is proud to support Sydney Terry who has been Slalom Racing for over 18 months and has competed throughout the UK for Pendle Race Squad, based in the North West of England.

Sydney's recent participation at the International Lowland Championships in the Netherlands has further cemented her determination to represent Great Britain at future Winter Olympics.

Continuing her journey, Sydney is about to travel with the Excel Race Academy to Austria to train with some of the best FIS instructors ahead of the English Alpine Championships in Bormio, Italy, February 2020.

"We would like to congratulate Sydney on her continuing success and wish her all the best for the future."

October 2019



Uckfield Grasshoppers JFC (Junior Football Club) a local football club that TR Fastenings proudly sponsors, has received the award for Sussex County FA Grassroots Club of the Year.

The team pride themselves on the way that they coach the children in the team to fully understand the values of respect and inclusion. They offer football for all and have built links with the County FA disability group to ensure players get the mainstream football they need to develop. As well as regular weekly training sessions and matches, they run a Friday Night Futsal (a game similar to football played indoors and only 5-a-side), that is available for all ages. The club believes members should take part in as many opportunities as possible, enabling individuals to grow and to develop their knowledge and gain experience in various football formats.

The club believe players want to join because of the environment that has been created and continues to be developed each season with mentoring, coach education, youth council, their coaching standards, ethos and philosophy.

New respect policies, barriers and education tools have been implemented and the team is proud to be recognised as a Charter Standard Development Club. They embarked on their second season of wildcats in the spring, in the hope of inspiring the next batch of Lionesses.

The Uckfield Grasshoppers team Comment:

"We are so proud as a club to have received this award, from a young age we teach the children our three core beliefs to remember when playing, these are: play safe, have fun and show respect. Receiving this award is a great reflection of these beliefs being put into play when on and off the pitch."

Paul Standing, Branded Products Commercial Manager at TR Fastenings and Vice-Chairman at Uckfield Grasshoppers Comments:

"The Uckfield Grasshoppers were honoured to be a part of a great evening held at the Amex Stadium in Brighton, where they were presented the award for Sussex County FA Grassroots Club of the Year."

We are still the biggest community football group in Uckfield for children and are now springing further afield attracting players from other towns and clubs."

TR Press Release

TR Uckfield finds fundraising a piece of cake for Macmillan Coffee Morning 2019



October 2019



Employees at TR Fastenings's headquarters in Uckfield, raised an impressive £272.78 for [Macmillan Cancer Support](#) on the 27th September.

This year Uckfield reached a personal best as cakes flew off plates, thanks to the all the skilled bakers!

By donating £250 this could pay for five people living with cancer to attend a health and wellbeing event that supports people before, during and after cancer diagnosis and treatment(s), providing skills to improve the management of these aspects in their lives for example their family, friends and transition through their journey. The event brings together a variety of service providers from health, social, community and voluntary sectors. With its main aims being to provide information, signpost attendees to local resources e.g. charities (both clinical and non-clinical) and to facilitate interaction with other people affected by cancer.

TR's Michelle Horscroft, Location Head, based at the headquarters in Uckfield, Comments:

"A massive thank you to all the staff who baked and donated to such a great charity that supports so many people. We are really pleased to have been able to donate over £270, yet another amazing year of cake selling! We believe fundraising is a great way to help increase awareness and we all look forward to next year's event"

Click [here](#) to donate to Macmillan.

TR Press Release

TR's Hayley Neilly takes on the Three Peaks Challenge with just days' notice!



October 2019



TR Fastenings (TR)'s Transactional Sales Co-ordinator, Hayley Neilly, who is based at the headquarters in Uckfield, walked the Three Peaks in North Yorkshire with just days' notice!

Hayley walked 24 miles to raise money for [Raystead Centre for Animal Welfare](#), based 10 minutes from TR's headquarters.

She comments:

"Last week I had a crazy moment and decided at very short notice to join 18 other people and walk the Three Peaks in North Yorkshire.

With no training and walking boots I had bought the day before, I set off to Hawes, North Yorkshire not knowing anyone or even knowing really what it was all about! All I knew is that Raystead needed me.

I got up at 5.15am on Saturday 7th of September and got ready to walk Yorkshire's Three Peaks (Ingleborough 724m, Pen-y-ghent 694m and Wharfedale 736m). Our goal was to do this in 12 hours!

After roughly 12 hours I completed the challenge! I met some great people along the way who I have now forged a special friendship with, each gave me the encouragement and motivation that I needed to help me finish and succeed. People as well as animals are magic!

Please take a minute to donate if you can no matter how small. None of us know what's around the corner and when we might need a charity like Raystead to help."

If you wish to donate, please visit [Hayley's Just Giving page](#)

September 2019



TR Fastenings is proud to renew its sponsorship of Buxted Football Club, who were established over 100 years ago in 1918.

Since the launch of the team they have gone from strength to strength and have in the past had four senior teams running in various divisions across the Mid Sussex Football League.

Currently Buxted FC has two senior teams playing in Mid Sussex Division 1 and 4 and is in the process of putting together a women's football team that will be entering a competitive league next year.

Buxted Football Club comments: *"We would like to thank TR for its continued support, without the help of local sponsorship the club wouldn't be where it is today."*

Find out more [here](http://www.trfastenings.com).

TR Press Release

TR Fastenings provide support to Hungarian Racing team



September 2019



TR Fastenings Hungary, is providing technical and product support to Hungarian racing team, Arrabona Racing.

Arrabona Racing started in 2014, supporting and encouraging students to produce, design and manufacture single seated race cars and compete against each other in several events. The engineers involved in this great project have finished studying at the Technical University in Győr and are embarking on the project to hone their technical and engineering skills.

TR Hungary has supported the engineers with fasteners for the car, which the team will enter into several races across Europe in 2019-20. So far, the team has placed third out of 52 teams in Hungary and is now continuing its journey across Germany and the Czech Republic.



Zoltan Csengeri, Operations Manager in TR Hungary comments:

"It is great to support young engineers as they embark upon their careers; the team have made a fantastic car and we are proud to say that most of the fasteners you can see in the pictures have been supplied by TR Hungary. It's great to see the TR logo on the car and we wish the team every success for the coming season."

TR Press Release

Update: Mick Kirby fundraising going well with £4k already raised!

August 2019



TR is proud to be supporting disabled sportsman Mick Kirby who is taking on his biggest challenge in October this year, by ascending Mount Kilimanjaro along with 15 other amputees and a few supporters.

[The Pig and Butcher](#) in Five Ash Down, East Sussex, will be holding an event from Noon on Saturday 24th August to help raise awareness and money for [LimbPower](#) and [Amputation Foundation](#), charities Mick has received support from in the past. The event will include a BBQ, live music, a raffle and much more!

Mick has raised an impressive £4,000 already, nearly half way to reaching his target.

Click here to read his story and donate on his [JustGiving page](#).

TR Press Release

TR proud to encourage young talent by sponsoring Uckfield FM Community Awards 2019



August 2019



TR Fastenings is proud to again be supporting the Uckfield FM Community Awards by sponsoring the Young Person of the Year Award.

This award will recognise a young person (under 18) who has shown bravery in overcoming adversity or who has excelled and demonstrates a huge personal achievement.

The Uckfield FM Community Awards will recognise the amazing work and commitment people in the local community are achieving. The ceremony is being held at the East Sussex National on Friday 8th November, tickets will be available soon.

Nominations close on the 31st August, visit the following website for further information: <http://www.uckfieldfm.co.uk/2019/features/uckfield-fm-community-awards/>

Luke Murphy, UK HR Manager comments:

"As a company we believe in recognising young talent and are so pleased to be able to sponsor this award again. We are looking forward to seeing who is crowned the winner on the 8th November."

August 2019



TR Fastenings (TR), the global specialist in the design, engineering, manufacture and distribution of high quality industrial fasteners, has renewed its support of a Formula Student motorsport team from Sweden for the third consecutive year. The team will be driving and competing in electric cars they have designed and built themselves at the Italian Riccardo Paletti circuit from the 24th-28th July and the iconic Hockenheim ring track in Germany from 5th – 11th August.

The team consists of mechanical design and engineering students from Stockholm's highly regarded KTH Royal Institute of Technology. Each year, the college submits a team to compete in Formula Student, Europe's most established educational motorsport contest. As well as actually driving the car in competitions across Europe, the students have to research, design, engineer and build the electric vehicles themselves.

The Formula Student challenge

Formula Student (FS), run by the Institution of Mechanical Engineers, is a global competition which aims to develop enterprising and innovative young engineers and encourage more young people to take up a career in engineering. The challenge tests students' abilities to research, manufacture, test and deliver a complex and integrated product in the deadline-driven environment of motorsport and comply with a rigorous 130 page rule book. Participation in the competition is viewed by the motorsport industry as a standard-mark for real-world engineering experience, helping students transition from university to a workplace environment.

In July, the team will head to the Riccardo Paletti circuit in Italy for the FS Electric contest, and in August, they head to the famous Hockenheim ring in Germany for the driverless electric car competition.

TR Fastenings support

TR Fastenings' Sweden office agreed to support the KTH entry with a free supply of components and technical consultancy in 2017 and has continued to support the KTH teams every year since. One Formula Student alumnus from KTH, Patrik Ringdahl, now works at TR Sweden following his introduction to the business via the project in 2017.

KTH students, along with their electric car, joined the TR team in March this year at their stand at Automotive Engineering, part of the Advanced Engineering Show in Gothenburg. The car and the students proved to be a very successful pull for visitors to the stand, where students and TR engineers answered questions about the car, the parts used and the Formula Student scheme.

Patrik Ringdahl, from TR Sweden, comments: *"As a former KTH student and member of the Formula Student programme, I am fully aware of the huge benefits I gained from taking part in the scheme. The opportunity to use high quality fasteners from TR and also to benefit from the TR engineers' experience, knowledge and expertise was invaluable and inspired me to join the business myself. It's fantastic that TR continues to support KTH and champion young engineering talent."*

July 2019



A record-breaking turnout of an estimated 2,500 - 3,000 people returned to the King George V playing field in Newick on Sunday 7th July for the annual Piers Morgan family day at Newick Cricket Club, where he is a member.

The former newspaper editor and TV presenter, his team of family, friends and celebrities, including; Chris Gayle, Michael Vaughan and Kevin Pieterston, played two matches against the Club that is proudly sponsored by TR Fastenings.

Miss World Vanessa Ponce accepted the invitation to do the coin toss between George Read (Newick skipper) and Piers Morgan, the toss being won by Newick who opted to field first.

Chris Gayle and Michael Vaughan opened the batting; however, Chris Gayle was caught out by George Read on the boundary scoring only 6 runs. Michael Vaughan was bowled out by Newick's opening bowler Scott Warren after scoring 11 runs. Kevin Pieterston didn't stay at the crease very long only scoring 2 runs before he was also bowled by Scott Warren. Piers Morgan was the top scorer for his side with a staggering 18 runs resulting in his side finishing their 20 overs with a total of 110 runs.

Newick managed to convince fellow villager and Sussex 20/20 star, Luke Wright to play for them. This turned out to be costly for Piers' team as Luke went on to score 47. Newick only lost 3 wickets and passed the score in the 14th over.

Legendary cricket commentator Henry Blowfield was commentating over the PA system for the game which made the day better than anyone could have expected.

David Strachan, Chairman of Newick Cricket Club Comments: *"Our 1st team were really fired up especially when faced with the elite of the modern game and in the end came out winners by a considerable margin. I have to say the person who had the biggest smile on his face was Scott Warren who bowled both Michael Vaughan and Kevin Peterson! Another notable moment was George Read's steeple catch on the long on boundary to dismiss Chris Gayle. We all had a great day and thank everyone who came along to watch."*

July 2019



TR Fastenings (TR) is hosting the 17th Uckfield Mini Grand Prix featuring over 250 local schoolchildren in its car park on Sunday 14th July 2019 from 11am-3.30pm. Organised jointly by the Uckfield Rotary Club and Uckfield College, it is a major highlight of the Uckfield Festival which is running from the 6th-14th July.

The competition, which was first held at TR in 2003, will pit 250 year 5 and 6 students from various local schools against each other in 22 teams. This is the only race in the UK to feature kit cars being driven side by side by children in a grand prix style competition. Just like in professional Formula 1 racing, the teams will consist of drivers, pit crews, mechanics and supporters.

The Cars

The 24 volt electric-powered Greenpower Goblin kit cars, which have a top speed of 15 mph, must be built from scratch by the pupils themselves and use over 100 parts. The event aims to engage students in engineering and teach them a range of important skills, from mechanical knowledge to team building, marketing and design.

Also similarly to Formula 1, style is 'almost' as important as performance and the students have the ability to showcase their artistic talent by painting the cars any way they please. The students choose a theme around which the car is decorated and there is an additional prize for the best themed team.

The Race

Four teams compete against each other per race, with sharp Le Man styled driver change overs. Races consist of 12 laps with six drivers who swap over after 2 laps each. This pit stop change is a highlight of the race and usually decides between the winning team and the runners-up. All teams race in 2 qualifying heats and a final to determine their ultimate rankings.

All cars will be fitted with on-board sensors for recording lap-times and are connected via a live feed to the event website to showcase race results.

With over 1000 spectators expected, it is a fun family occasion that showcases the pupils' engineering prowess and racing skills. There will also be a food area on site serving hot food, drinks and ice cream.

Geoff Budd, Director at TR Fastenings, comments: *"The Uckfield Mini Grand Prix is a fantastic local event and one which we really enjoy hosting each year. The young people who take part are all potential engineers of the future and we love being able to play a part in helping them to hone their skills. Good luck to all teams!"*

July 2019



On 16th June, TR's Kevin Gladman, Data Controller, based at the headquarters in Uckfield, completed the London to Brighton British Heart Foundation Bike Ride in an impressive 5 and a half hours, with the average time being anything ranging from 6 – 10 hours, raising a grand total of £208.

It was a bright and early start as Kevin headed to London at 6:30 am in plenty of time to set off at 8:30 am.

He comments:

"Most of the ride was overcast and threatening to rain and, within the first 5 miles I saw 3 people come off the road with chain issues and flat tires. After the first long uphill stretch the heavens opened – at that point, the ride started to become real. The rain didn't let up for over 3 hours. Lucky me... yes, I had no rain jacket! This was going to be a hard day, switching from hot baking sun to pouring rain!"

I faced a lot of challenges throughout the ride, but due to the determined team spirit everyone felt motivated to carry on. The ride featured some tough challenges, such as the Ditchling Beacon climb which is 1.55 km long, with an average gradient of 8.7 %!

I felt a sense of reassurance when I'd reached the Beacon as I knew that it was downhill 7 miles back to Brighton. From there it was a satisfying race for the finish.

I am really proud of our achievements and am looking forward to setting myself personal targets for next year."

July 2019



Annual cricket match will feature Morgan's celebrities versus Newick's first team

TR Fastenings, a proud sponsor of the Newick Cricket Club, is looking forward to a season highlight this coming Sunday, 7th July, when Piers Morgan is hosting his annual family and friends cricket match at the club. The event will pit Morgan's team of celebrities and cricket legends against the Newick first XI and will take place at Newick's King George V playing fields from 1:30 pm.

This year promises to be another fun day out with Piers inviting his usual collection of high-profile international cricketers (including Kevin Pietersen, Michael Vaughan and Chris Gayle) and other celebrities to take part in the event.

David Strachan, Chairman of Newick Cricket Club Comments: *"Our annual fixture against Piers Morgan's XI is always a crowd favourite and a fixture that, as a club, we are very fortunate to have. There will be a mini food village offering a variety of different fare, alongside our usual BBQ, Club bar, Pimm's and much more including face painting for our younger audience.*

We are hoping that the weather is kind to us and look forward to welcoming you all to such a great event!"

TR's Geoff Budd, European MD, comments: *"TR Fastenings is very proud to be a sponsor of Newick Cricket Club and we always look forward to the Piers Morgan game, that always attracts large crowds. It's great for people to meet their cricketing idols and we look forward to seeing everyone on Sunday!"*

Keep up to date with the event and find out more information by following the Newick Cricket Club social media:

[Facebook](#)

[Twitter – @NewickCC](#)

TR Press Release

Mick Kirby takes on his biggest challenge to reach new heights



June 2019



TR Fastenings are proud to be supporting disabled sportsman Mick Kirby who is taking on his biggest challenge in October this year, by ascending Mount Kilimanjaro.

Mick suffered a severe stroke 12 years ago that led to him having below elbow amputation on his left arm 4 years ago. On this journey, he will be joined with 17 other amputees, his partner Jackie and six other able-bodied friends.

All funds raised for this great adventure will be donated to Limbpower, [Amputation Foundation](#) and [Chailey Heritage Foundation](#).

TR has supported Mick for several years, providing funding for his involvement in a number of sporting activities and challenges, including [clay pigeon shooting](#), in which Mick has enjoyed significant success. Located in Tanzania, near the border with Kenya, Kilimanjaro is the world's tallest free-standing mountain.

It rises 4,065 metres above the plateau, which is located 1,830 metres above sea level. With a total height of 5,895 metres above sea level (AMSL), Kilimanjaro can also call itself Africa's highest mountain.

Mick comments:

"It's all systems go for the Kilimanjaro climb in October. Training is going well, and I look forward to raising funds for three great charities that are close to my heart, who helped me on my road to recovery. Me and my partner Jackie feel proud to be the only people in Sussex to be training for this."

If you wish to donate, please visit Mick's [JustGiving page](#).

June 2019



TR Fastenings (TR)'s Data Controller, Kevin Gladman, who is based at the headquarters in Uckfield, is taking on the London to Brighton Bike ride, for the British Heart Foundation on the 16th June, covering 54 miles from Clapham Common to Brighton beach.

Kevin comments:

"It's time for a new challenge, as it has been a while since I have thought about any significant race, let alone 54 miles! This is the second time I will be taking part in the London to Brighton ride, which I first completed, shortly after my father passed away in 2004. With the race being on Father's Day this year it give me chance to think about my father whilst raising the money for a great cause.

The last time I was training, I continued to train with a cold and didn't think much about it, next thing I know, I was in hospital suffering from the one thing I was raising money for. At the time there was no clear reasoning, over time they confirmed that I got hit with a rare form of pericarditis, a disease that affects your heart sack, which inflates, presses on the heart and slows your blood flow. 12 months of rest and lots of tests later I am back up and running. I had a long way to go to be even think about a bike ride , I could barely walk up the town without getting out of breath.

Things needed to change, I was back in the gym 2 years on and I could feel the strength coming back, in the back of my head all I wanted was to complete the 54 miles, so my aim was to do London to Brighton, 8 months of bike training later and here we are 1 week away.

This year I aim to complete the bike ride in 3.5 - 4.5 hours, however, as long as I complete the full course I will be happy with any time."



May 2019



TR's European Health, Safety and Environmental Manager Jenni Morland and Sales Coordinator Katie Boddy, who are both based at the Newton Aycliffe site, are taking on the Northumberland coast for the Macmillan Mighty Hike in July.

This will be the second time for Jenni and the first time for Katie taking part in the 26 mile challenge which starts at Alnwick and ends at Bamburgh castle. Jenni, Katie and friends are doing the walk to raise money for cancer charity Macmillan in memory of their friend and colleague Linda Woodward.

If you wish to donate, please visit the [Justgiving page](#).

Thank you in advance for your support.



May 2019



Rock'n'Roll
MARATHON SERIES®

TR's Don Lamb, Strategic Account Manager, who is based in the TR Newton Aycliffe site, is taking on the EDP Rock'n'Roll Madrid Marathon on 27th April to raise money for a very worthy cause.

For over 20 years, the Rock 'n' Roll Marathon Series has made running fun by infusing each course with live bands, cheer teams and more. Music plays a core role in each , event, encouraging each runner to have fun, keep going and be part of a great community.

Don is running to support Newburn Sea Cadets, a charity provide opportunities for local children aged 10-18, ranging from first aid skills to studying marine engineering courses. Through these activities, the children can obtain various life skills such as leadership, teamwork and problem solving.

Don comments:

"I feel that it is really important to invest in our future generations by giving them the opportunity to gain valuable life skills and appreciate the importance of being part of a community. Running a marathon is a massive personal challenge, but it's something I can be very proud of and I'm looking forward to enjoying the music, the atmosphere and raising as much money as I can."

To read Don's full story and donate, please [click here](#)

TR Press Release

TRadition as TR Fastenings continues supporting the annual Little Horsted Fun Run to celebrate their 10th



April 2019



TR Fastenings (TR) is pleased to announce that it will be sponsoring the Little Horsted Fun Run that will take place on Sunday 12th May 2019 just minutes from TR's Headquarters.

This year will mark the event's 10th anniversary, and to celebrate there will be a wide variety of fun filled family activities including face painting, bouncy castle, ice cream van, cakes and much more!

There will also be a professional photographer attending the event, capturing great moments shared throughout the day which will be uploaded to the Little Horsted [Facebook page](#).

Everyone who participates will receive a medal, see below the distances you can sign up for:

- 1km (open to everyone)
- 5km (open to everyone)
- 10km (ages 15+)

Ticket prices are listed below:

- Adult £10
- Child £5
- Family (2 adults & children) £25

All the money raised this year will be used to purchase new equipment for the school.

TR Press Release

Comic Relief fundraising is a piece of cake for TR Fastenings team in Uckfield



March 2019



Employees at TR Fastening's headquarters in Uckfield raised over £200 for Comic Relief in a day filled with fun, fundraising and cake on 'Red Nose Day', the 15th March.

The total was raised by selling cakes, red noses and taking part in 'Guess Katherine Ryan's favourite flavour cupcake', an activity devised by the BBC. Eager bakers at TR's Bellbrook Park site concocted a delicious selection of sweet goodies including biscuits, cupcakes and traybakes.

Michelle Horscroft comments: *"This is such a great way to raise money, the office is full of skilled bakers and they outdid themselves whilst raising money for a great cause."*

[Click here](#) to find out more about Comic Relief and to donate.



March 2019



TR Fastenings Holland is supporting Respo International, an organisation that offers solutions to enable disabled children in developing countries to participate in sports and other activities.

Since 2005, in collaboration with Stichting Dir and Hogeschool Windesheim, Respo International has been conducting sports projects for people with disabilities in Ethiopia. These projects have led to the establishment of the DIRES House of Sport in Addis Ababa. DIRES House of Sport has grown into a private sports centre from where trainers organise weekly sports activities for a network of different schools for children with disabilities.

Patrick Italiaander, Buyer at TR's Holland location comments: *"My cousin, Nino Italiaander, is studying to become a gym teacher and is going to Ethiopia with a group of fellow students to help train disabled young adults to become teachers for the children. This will not only mean that the children will be getting regular exercise but it will also be giving these young adults a career."*

For more information on Respo International and the sports project in Ethiopia visit the website: <http://www.respo.org/>

February 2019



Disabled athlete will compete in 2019 shooting season and climb Mt Kilimanjaro in October

TR Fastenings is renewing its sponsorship of Mick Kirby, the Sussex-based clay pigeon shooting champion who has successfully competed in the sport across the globe since overcoming a stroke 12 years ago and subsequently having his left arm amputated in 2015.

Mick is a naturally left-handed shooter and, after the stroke paralysed his left arm, he retrained to shoot with his right arm in 2009, with help from disabled sports charity Sportability. Mick has taken part in both disabled and able-bodied shooting competitions across the UK and internationally with considerable success.

As well as competing, Mick is now established as a referee in the sport, for both able-bodied and disabled competitors. He refereed the British Open in 2018 and will be overseeing a number of events throughout the 2019 season.

In a break from the shooting, Mick undertook a different kind of challenge in September 2018, when he joined the Amputation Foundation charity for a trip to the Calvert Trust adventure centre in the Lake District. For over 40 years, the trust has run adventure and activity camps and holidays for disabled people and their families, offering visitors the chance to challenge their disabilities and take part in activities such as water sports, horse-riding, sailing and hand-biking.

Mick comments: *"At the start of the trip, all of us were a little nervous and sceptical of how many of the activities we'd be able to do as amputees. By the end of a trip, wow, what a difference! Not only was I trying and excelling at things I never thought possible, I also met some friends for life. The whole experience was amazing and one I will never forget."*

A new challenge for 2019

It is with these new acquaintances and some other less abled friends that Mick is planning his next challenge: to climb Mt. Kilimanjaro in aid of the Amputation Foundation. He has already started training for the trip, which will take place from the 3rd -13th October this year.

Aiming high

In terms of shooting, Mick is competing in both down the line (DTL) and all around events throughout 2019, including the English and European Open championships. Competing against able-bodied shooters, Mick's aim is to get a medal in a mainstream competition. TR's support goes towards Mick's training, equipment and travel expenses, in exchange for the company's logo on his shooting jacket.

Abi Burnett, Head of Marketing at TR Fastenings, comments: *"We've been proudly supporting Mick for years now and it's amazing to have witnessed what he's achieved. Constantly pushing himself to do more, Mick always excels in every challenge he takes on, so we are looking forward to witnessing more of his incredible achievements this year."*

January 2019



Photo by Paul Manser - paulmanser.com

Young triathlete gearing up for 2019 season with support of global manufacturing business

TR Fastenings (TR), the global specialist in the engineering, manufacture and distribution of industrial fasteners headquartered in Uckfield, is again sponsoring successful Sussex triathlete Jamie Bedwell, who is about to start another busy season as he continues on his quest to reach the Paris Olympics in 2024. Despite a serious car accident in 2016 and health problems in 2017 caused by scar tissue, Jamie has never given up his dream of competing for Great British Team.

Jamie gets up to train early in the morning before and after his University commitments whilst he prepares for the 2019 season which will be his second year competing as an U23 competitor in the British series. Still only 20, Jamie began triathlon training at the age of 16 and is now a member of elite club, Bodyworks. In February, Jamie will be joining other squad members at a regional academy training camp in the Algarve, Portugal, for ten days of intensive training in preparation for the season ahead.

TR is one of two sponsors Jamie relies on to help with costs towards his training, competition expenses, kit expenses and equipment. Jamie also works part-time with triathlon specialists 'The Tri Store' in Eastbourne, and is currently completing his final year at the University of Brighton (Eastbourne campus), where he is studying podiatry.

As well as competing at an elite level, Jamie is also determined to use his platform as an athlete to do good, spreading the word about important causes, positive change and taking the opportunity to help others. In September 2019, Jamie will be working with the United Nations on a special campaign aimed to raise awareness of the issue of plastics used in the bike and triathlon industry ending up in our oceans. Jamie hopes to raise awareness of the dangers of using single-use plastics and the need to find alternatives to reduce the industry's impact on the environment.

Jamie says: "As a triathlete, I train and compete in the sea all the time, so I see first-hand the damage that single-use plastics are doing to our beautiful waters. I am privileged to be in a position where I am becoming known in triathlon and local circles, which means I can help to draw attention to these important issues and hopefully help in the search for a solution."

The 2019 season begins in April with a swim-free 'Duathlon', before the British Triathlon series kicks off in June with a key event at Blenheim Palace. Jamie will be competing throughout the season across the UK, with standout races in Cardiff, Llanelli, London and Eastbourne. As well as competing for prize funds, Jamie will also be looking to cement his position as an under 23 athlete, on the pathway to Olympic selection for the 2024 games in Paris and the 2028 games in Los Angeles. The first step will be to qualify for the European Cup, which will mean being within the top 5 of his field. After this, the goal will be the World Cup, the World Series, and hopefully on to the Olympic squad.

TR Press Release

TR Fastenings continues Jamie Bedwell sponsorship as he sets sights on 2024



January 2019



Jamie adds: *"It's a really tough environment out there and there are only three places available on the Olympic squad, so it's certainly a challenging journey ahead of me. However, I am very positive and determined to put my all into my training; for me, having faith and a right mind-set as well as the support of those around me is where my strength lies. I'm very grateful for the team at TR for continuing to sponsor me, they have stayed with me from the beginning and throughout my accident and recovery and I simply couldn't do this without them."*

Abi Burnett, Head of Marketing at TR Fastenings, comments:

"We have been on this journey with Jamie for four years and it's been incredible to watch his progress. In spite of terrible setbacks and injury, he has always stayed positive and his determination to reach his ultimate goal is inspiring. We are passionate about supporting local businesses and individuals and we are so proud to have the TR logo on Jamie's tri suit for another year: we wish him all the very best for the season ahead."



UK
t: +44 (0)8454 811 800 f: +44 (0)870 458 7851
e-mail: uk@trfastenings.com

Ireland
t: +353 (0)22 22301 f: +353 (0)22 22056
e-mail: ireland@trfastenings.com

Netherlands
t: +31 (0)541 511515 f: +31 (0)541 517134
e-mail: netherlands@trfastenings.com

Norway
t: +47 67 06 70 00 f: +47 67 06 70 10
e-mail: norway@trfastenings.com

Sweden
t: +46 (0)8 578 44 900 f: +46 (0)8 578 44 950
e-mail: sweden@trfastenings.com

Spain
t: +34 93 647 22 45
e-mail: spain@trfastenings.com

Hungary
t: +36 (06)24 516970 f: +36 (06)24 516961
e-mail: hungary@trfastenings.com

Poland - Representative
t: +48 (22)402 36 14 f: +48 (22)402 36 24
e-mail: poland@trfastenings.com

Italy
t: +39 (0)75 9149015 f: +39 (0)75 9190165
e-mail: info@trvic.it

Germany
t: +49 (0) 5246 . 50320 - 0 f: +49 (0) 5246 . 50320 - 70
e-mail: info@trkuhlmann.com

Slovakia - Representative
m: +421(0)911 012 016
e-mail: slovakia@trfastenings.com

USA
t: +1 800-280-2181 f: +1 281-807-0620
e-mail: usa@trfastenings.com

Singapore
t: +65 6759 6033 f: +65 6759 6022
e-mail: singapore@trfastenings.com

Malaysia
t: +6 (03) 5519 1444 f: +6 (03) 5510 8505
e-mail: psep@psep.com.my

China
t: +86 21 5032 5696 f: +86 21 5032 5775
e-mail: china@trfastenings.com

Taiwan
t: +886 7 557 6366 f: +886 7 557 1977
e-mail: taiwan@trfastenings.com

Philippines - Representative Office
t: +63-25768476
e-mail: philippines@trfastenings.com

India
t: +91 (0)44 4280 3932
e-mail: india@trfastenings.com

Thailand
t: +66(0)20413 340 f: +66(0)20413 340
e-mail: thailand@trfastenings.com

Japan - Representative
t: +81(0)70 4467 1118
e-mail: japan@trfastenings.com

Technical and Innovation Centres

Birmingham - UK
t: +44 (0)121 521 0100 f: +44 (0)121 521 0101
e-mail: wednesbury@trfastenings.com

Gothenburg - Sweden
t: +46 (0)31 31 760 776 f: +46 (0)8 578 44 950
e-mail: sweden@trfastenings.com

CUICAR - South Carolina USA
t: +1 800 280 2181 f: +1 281 807 0620
e-mail: usa@trfastenings.com

sales@trfastenings.com

www.trfastenings.com

info@trfastenings.com



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