



## TR PRESS PACK COMMUNITY

**TR FASTENINGS** IS RECOGNISED THROUGHOUT  
THE INDUSTRY FOR WORLD CLASS PRODUCTS  
& SERVICES

WE MANUFACTURE, STOCK & DISTRIBUTE  
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# TR Press Release

## Muddy TR Mayhem!

2013



**A group of TR staff from our North East location are competing in Muddy Mayhem for Help for Heroes to raise money to support the great work this charity does to help our armed forces.**

The challenge is a 10K run - Don Lamb, Business Development Manager in the North East commented, "On the 24th March our TR Fastenings team will be running 10km and experiencing the pure hurt and hell of crawling through mud and flames along the way!!!!"

**The team consists of the following people:**

- Regan Golightly
- David Fearon
- Troy Race
- Steven Richardson
- Darren Greenwood
- Donald Lamb
- Christopher Black

**Muddy TR Mayhem Update:**

**A group of TR staff from our North East location have competed in Muddy Mayhem for Help for Heroes to raise money to support the great work this charity does to help our armed forces**

The TR team completed the Muddy Mayhem at Hardwick Park on Sunday - Don Lamb, Business Development Manager in the North East commented on the day:

*"Caked in mud, shivering in sub zero temperatures, dripping wet, having waded through ponds, scrambled over spikey hay bales and after pulling ourselves through slimy tunnels we were exhausted but what a sense of achievement not only to complete such a gruelling course, with smiles on our faces!! but also to raise in excess of £500 for Help for Heroes."*

# TR Press Release

## TR Scotland Supports Yorkhill Children's Foundation

2013



On Saturday 8th June, Jim McGeachan and Bruce Hamilton from TR Scotland, and a friend of theirs Stephen Wright, will be climbing Ben Nevis to raise money for Yorkhill Children's Foundation.

They will be raising funds to help ensure the Yorkhill Children's Hospital has the money to continue the great work it does for all the children and babies at the hospital. This comes after Stephen's new born baby Adam developed a hernia when he was only 3 weeks old.

*"The fast acting staff at Yorkhill were amazing. Kirsty and I can never fully repay them for what they did for Adam... I can however raise money for them"*

*"Please donate to this great cause whether its a little or a lot... Whatever you can afford, every bit helps. Thanks, Steven Bruce and Jim"*

**Thanking you all in advance for your support.**

# TR Press Release

## Oliver Owen - Ninja Kart Racer

2013



TR is proud supporter of 7 year old Ninja Kart racer Oliver Owen. Oliver races Ninja Karts in the 6-12 year olds group, driving with SLS Ninja Karts, in the UK.

Ollie started Ninja Kart racing in December 2011 when he was only 6 years old and has just completed his first full seasons with Spedeworth Motorsports and Rolling Thunder Show.

### April 2013:

Ollie had his first race meeting at Aldershot raceway this sunday, the results were:

- Second to last in heat one
- 1st in the second heat
- 1st in the final
- Not a bad start to the season!



2013



Anjanita from the TR marketing department will be competing in her first triathlon event on 7th July 2013 at Ashburnham Place in Battle, East Sussex.

Anji will be doing the sprint distance - 750m swim - 20k bike - 5k run and raising money for Lupus UK.

Good luck from all at TR!

### **Anjanita Bike Ride Update:**

Anji completed her first triathlon with flying colours:

- **Sprint distance Triathlon**
- **Ashburnham place nr battle - 7th July**
- **750m lake swim, 20k cycle, 5k run**
- **Completed in 1:47**
- **Raised £75 for Lupus UK**

2013



**Alzheimer's Society** | Leading the fight against dementia

On Sunday 26th May 2013 Claire Coleman from TR Manchester, will be running the Great Manchester 10k Run in memory of her Nana (Eileen McCabe) who sadly passed away on December 4th 2012.

Eileen had battled with Alzheimer's for nearly 18 years. For this reason Claire will be running to raise money for The Alzheimer's Society.

### **The Alzheimer's Society Run Update:**

Claire completed her run in a time of 59 minutes and 24 seconds, after a long hot run in the sunshine. Claire has now raised £830 and her just-giving website is still open to donations until 26th July 2013.

*"It was a lovely day and I am really pleased with my time, Thank you for all the support"*

**Congratulations and well done Claire!**

# TR Press Release

## TR Raising Money for St Wilfred's Hospice and Manor Park School

2013



**On Sunday 30th June Lynsey Baldock, Hayley Miles, (Employees from TR head quarters Uckfield) and a few other family members will be doing a 7 mile sponsored walk down at Birling Gap to raise funds for St Wilfred's Hospice and Manor Park School.**

They will also be walking with staff members from Manor Park to celebrate and remember the life of Lynsey's Auntie Karen who sadly passed away in January.

*"She was a much loved and vital staff member at Manor Park School and was involved in many activities there. One of which was to help link the school with a charity to sponsor a young boy, Akameda in Africa and his Grandmother so they could lead a better life. The charity, Quicken Trust are hoping to raise some much needed money so they can provide a home and land for farming so they can be more self sufficient."*

*"We will also be raising money for St Wilfred's Hospice in Eastbourne, who cared for Auntie Karen wonderfully in her last few day with us. The staff there were fantastic and we can't thank them enough for the support we received."*

### **Walk Update:**

On behalf of myself, Hayley & the rest of our family we just wanted to say a massive Thank You to everyone who donated money for our sponsored walk on Sunday 30th June. Although the weather was not as nice as we had hoped the walk was a massive success & everyone had a lovely morning.

So far the total raised for St Wilfred's is at £560.00 & the total for the Quicken Trust is £230.00 with donations still coming in.

# TR Press Release

## TR Newton Aycliffe Now Supporting Bishop Auckland St Mary's Junior's U11s FC

2013



**TR's North East division is now sponsoring the Bishop Auckland St Mary's Junior's FC, voted Durham FA Community Club of the Year 2008 and Durham County Junior Sports Club of the Year 2009.**

The club was formed in 1986, and since then has developed into a club that has now unquestionably emerged as Bishop Auckland's premier football club for children and young adults with over 350 players, ranging from 5 to 18. The club's policy is "Every Child Matters" and ensures an all inclusive policy for all children, providing them with the best experience possible in junior football. Our 23 teams are all coached by FA qualified volunteers, providing amongst the best grassroots coaching in the North East.

### **TR North East sponsor St Mary's Aces football club**

This year the under eleven side played in the 11 a- side Teesside Junior Alliance League for the first time and finished in 5th place, this was quite an achievement as this was their first attempt at this level. They also received runners up in the league cup and an end of season tournament held in Blackpool. They were also well represented in a tournament organised by TATA Steel in Redcar, unfortunately they were knocked out in the second round.

**"The St Mary's Aces team and all the coaching staff would like to thank Phil Hall and the TR Fastenings staff for their kind contribution this season"**



2013



**TR has received the below document to certify that the construction of an Elephant Pump in Zimbabwe has now been completed in our name.**

We also received a letter of thanks from Taniche Mahachi, aged 14, from Manicaland Province where our well has been constructed.

### **How?**

TR Fastenings has, by using AquAid's water coolers, helped save the lives of many children in Africa. With every water cooler and bottle of water TR has obtained from AquAid a donation has been made on its behalf to The Africa Trust. These funds are being used to directly build fresh drinking water wells in areas in Africa where it is needed the most, like in schools and villages.

AquAid is continually looking at ways to get its customers involved in opportunities to spread the word of what it does and increase the work that it does in Africa. As a result TR has been selected to aid the project that it is running which involves installing additional Elephant Pumps in Africa.

The Pump will be inscribed with TR's name and a certificate and letter of thanks from the villagers / pupils will be presented to the company.

2013



**CANCER  
RESEARCH  
UK**

**Hannah Creasey from TR headquarters BBP in Uckfield, is raising money for pancreatic cancer.**

*"My Grandad was diagnosed with pancreatic cancer and sadly lost his battle last year. Because of this I thought walking at Shine, London was a great challenge to raise money for such a worthy cause. Emily and I will be taking part and would be so grateful if you could dig deep and help us raise as much as possible. 23 people hear they have pancreatic cancer every day. Sadly, survival rates remain very low – often because the disease is diagnosed late. Cancer Research UK is committed to turning these statistics around by investing in hard-to-treat cancers, like pancreatic cancer, to save more lives in the future.*

*Amazing people like you help support Cancer Research UK's research into new treatments for pancreatic cancer. By sponsoring me you can help more people survive pancreatic cancer. Every pound you donate really does make a difference towards the work into diagnosing and treating pancreatic cancer – so please sponsor me now!"*

*If you are a UK taxpayer, please remember to tick the Gift Aid box when donating as this will increase your donation by at least 25% at no cost to you.*

*Many thanks for your support. Let's beat cancer sooner."*

# TR Press Release

## Lee Frawley & Rhapsody - Tickets for the World Equestrian Games are selling fast!



2013



**It was a year ago this week that negotiations for me to buy Rhapsody were finally concluded and he was transported back down to Surrey for the next phase of our journey together. The 2014 World Equestrian Games in Normandy!**

Rhapsody has changed quite a bit in that time - with the continued support of Andrew Murphy his training has continued along the path that we began last year before London and he has muscled up quite a bit. The results of that are: he is finding the work easier now that he is stronger – but his saddle no longer fits him! Cue a call out to saddler Ellie Martin from The Bespoke Saddle Company... she has taken the saddle to make some alterations to give him more room to grow with no restrictions but ultimately it may mean more drastic measures. Its a fantastic saddle so I hope she can work some magic!

We have not been out to any competitions recently – instead spending the weekends while Andrew was away teaching in the States going to a friend's yard to make use of her 20 x 60 school with mirrors to focus on our weaknesses. Mostly this has involved my own position. I have been concentrating on my own fitness too – pilates classes take place in the sports hall at work and so there is really no excuse. The exercises have pinpointed some interesting aspects of my 'one sided-ness' - apart from the obvious ones, and have spurred me on to deal with these issues - work in progress! Its a difficult time of year with the daylight hours getting shorter and shorter.

Having a 9-5 job this has meant initially totally changing our routine from riding in the evenings to riding before work which has worked well for the past couple of weeks but sunrise is getting later and later... so we will do our best till the tables turn again on the 21st December! Before then Rhaps has a date with Andrew... fingers crossed complete with a well fitting saddle!



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