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TR Press Release

TR Support Oak Tree Farm Rural Project



2012



Oak Tree Farm, a charity organisation set up to provide a rural working environment where people with learning disabilities gain the skills, independence and confidence to take them towards an active role in society have recently constructed a new Tea Room.

Tim Tooley, born with Down's syndrome, is a shining example of determination and commitment to push the boundaries and achieve great things. Tim joined the Oak Tree Farm Rural Project when he moved to Staffordshire. This charity funded venture provides learning skills in woodworking, pottery and horticultural activities for adults with learning difficulties. As a charity, Oak Tree got the opportunity to present to Sainsbury's Stafford to become their local charity of the year and Tim was part of the team to present to the charity committee. Having successfully won the hearts of the committee, the Oak Tree team now regularly works with Sainsbury's and in addition to financial support with monies raised by staff and customers, they are providing 'knowledge and technical and commercial support' to the Oak Tree Tea Room which has now been built for visitors. This exciting project opened up a new world for everyone involved and if you visit the facilities in Hilderstone, Staffordshire you can feel the excitement of the venture and indeed the happiness that the project has brought to so many of the members and volunteers who tirelessly devote their time and skills to help these very special people.

Tim currently works part time at his local Sainsbury's in their café thanks to the help and support of Mencap Pathways who along with Tim's family saw his potential and commitment to new skills he had gained through attending Oak Tree. After initial meetings and discussions Tim Hyland the Manager at Stafford Sainsbury's gave Tim the opportunity of work placement and so in October 2009 Tim entered the working world – *"We were all very excited for him but no-one more so than Tim himself- it was a very proud time for us all. Following six months work experience, we were delighted when Tim was offered a part time job at Sainsbury's and from the 1 April 2010 he joined the payroll of the Stafford store"* said Fiona, Tim's sister.

Tim then went on to win an award at Sainsbury's, the Justin's Pride Award, in the category of 'Best New Talent'. Tim was chosen out of over 4000 colleagues. Through his role within Sainsbury's Cafe, Tim's skills developed and his confidence reflected in his manner and happy approach to customers – each day he arrived for work with a smile and left with a smile, leaving a little of him with everyone who met him in-store. TR are very proud to support the Tea Room Appeal by partaking in the 'One Brick at a Time' scheme and their brick will be placed on the path to the Tea Room, displaying the company name and web address.

TR Press Release

Dave Hinton - TR employee, running the Brighton Marathon Sunday 15th April 2012



2012



Dave Hinton, who works in our IT department at TR Fastenings will this year again be running the Brighton Marathon.

"How quickly a year goes! This year's Brighton Marathon is on Sunday 15th April. I'm going to be running again for the NSPCC.

Stats from last year: Total Raised £923. Time 4:55. So, with your help the target for this year is to top £1000 with a sub 4:30 time.... Judging from my training this winter one of these maybe more realistic than the other!"

Thanks and best regards, Dave

Dave completed the Brighton Marathon in 4h 29m, beating his time last year by 26 mins!

So far Dave has raised £500 but you can still sponsor until July when the site closes.

Thank you to all who sponsored Dave!

TR Press Release

TR Supports Rebecca Brown - Sky Diving for Wildlife Rescue Ambulance Service



2012



TR is proud to support Rebecca in this amazing challenge.

Trevor Weeks (founder of WRAS) works a tremendous amount of hours to be able to save these animals and with a small centre, small team and limited funds he really does deserve all the support we can give him. I am hoping the money I raise can help with outstanding building work that needs to be done or to go towards any upcoming maintenance on the building.

"Wras (Wildlife Rescue Ambulance Service) is a small company that work together to save wild animals when they are injured. We work with a range of different animals ranging from the smallest of hedgehogs, to the most beautiful swans and everything in between!"

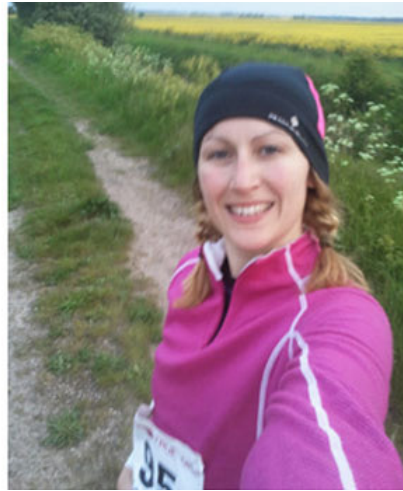
"This is an amazing cause so please please sponsor me and help this charity continue their hard work for the wildlife of this community. Thank you, Rebecca"

TR Press Release

Jade's 24 hour running challenge



2012



Jade Overy who works in TR's Finance department, will be taking part in a challenge to run as far as possible in 24 hours to raise money for the British Heart Foundation.

"The event starts on the 19th May at 1pm and I will be running as many laps of a 6.55 mile loop as possible in 24 hours. I am hoping to run at least a minimum of 50 miles, and hope to be capable of more on the day... but you have my promise that no matter what I will do my very best! There will be an area at the race HQ where I can rest/eat as and when I feel necessary, but the rest of my time will be spent running. Thank you for your support, Jade."

Jade completes her challenge and runs 60 miles!

A massive congratulations to Jade for this huge achievement!

"So I have completed my 24 hour challenge... and I managed a total of 60 miles. I ran for the first 46 miles, feeling strong and it was an amazing (and new) experience to run that far. My quads then had other ideas and I had to run/walk to 53 miles. Very very happy with a double marathon under my belt in 11 hours 40 minutes including all food stops. Legs as you can imagine at this point were very sore, it was pitch black and raining so I decided to sleep for a little while. I managed 3 hours sleep in the back of my car (if you have seen my car you will know this is an achievement in itself) and then ventured out again. I attempted to run but I think my crazy hobble was no faster and more painful than just walking so I continued to walk, on the strategy that I would walk for the remaining time I had left. Unfortunately my knee became very painful in the last couple of miles, and with some popping and clicking noises coming from it it became a concern. I decided to stop as I didn't want to cause any further damage, but all in all I am very pleased with 60 miles, and my first venture into ultra running."

Thank you so much to everyone for their help, support, kind words of encouragement and donations.

2012



Race for Life



TR Employee took part in race for life and completed in 42 mins and 50 secs!

"Thank you so much for sponsoring me for the Race for Life that I did on Sunday. I completed it in 42mins and 50 seconds which is much better than I expected and it was both an emotional and uplifting day. Once again thank you so much for your generosity. The sad fact about cancer is that there are now very few people who are not touched by it in some way. My oldest friend Lucy who is in the picture and ran with me lost her Dad to cancer the evening of the race and so every penny really does help so that other families can have a more positive outcome."

"This year I am doing the Race For Life at Ardingly South of England Show Ground on the 24th June in memory of my dear departed mother. If anyone would like to sponsor me that would be much appreciated."

Thank you very much, your support means a lot, Em."

2012



Between July 26th and August 1st 10 daring go getters will travel across the country to climb the 3 highest peaks in the UK.

Why?

To raise money for Forest Holme Hospice in memory of Paul Bulgarelli. Paul passed away in 2011 after a short battle with cancer and was wonderfully cared for by the staff at Forest Holme. As he was a keen walker and outdoorsman who was always up for a challenge, we felt tackling the three highest peaks in the UK was a suitable tribute. Bob and Dean Hayward from TR Fastenings Poole will be taking part in this amazing challenge.

TR Press Release

TR attends Charity Gala Night in support of the Friends of Mombasa Children



2012



Eight TR staff members from our head office in Uckfield, East Sussex attended the Gala in support of the Friends of Mombasa Children charity, which included an auction, a raffle and dinner and dancing all to raise money for the charity.

The Rt Hon Dr Vince Cable MP was Guest of Honour and after an after dinner speech he and his wife Rachel Smith, led off the dancing. Dr Cable's dancing shoes - as worn on BBC television's "Strictly Come Dancing" - were auctioned during the evening.

During his speech, Dr Cable referred to his time in Kenya and his appreciation of the work done by charities in Africa and also accepted an invitation to become Patron of the charity.

The evening raised over £1100 towards the new building project.

2012



It is the month of Movember and men, known as Mo Bros, all over the world are grooming, trimming and waxing themselves some fine moustaches in support of men's health.

By growing moustaches for the month of November they are actively promoting and encouraging the often ignored discussion of men's health issues, whilst raising vital funds through sponsorships. ber! Before then Rhaphs has a date with Andrew... fingers crossed complete with a well fitting saddle!

A Huge Success in 2011

In 2011, over 854,000 Mo Bros and Mo Sistas around the world got on board, raising GBP 79.3 million.

Big steps have been taken towards changing attitudes and habits relating to men's health around the world but there is still much to be done to catch up with the women's health movement. Via the moustache, Movember aims to fulfil its vision of having an everlasting impact on the face of men's health, by continuing to spark conversation and spread awareness of men's health each year.



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