



## TR PRESS PACK Community

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& SERVICES

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# TR Press Release

## Don Lamb set to rock all the way to the finish line in musical Madrid marathon



May 2019



**Rock'n'Roll**  
MARATHON SERIES®

TR's Don Lamb, Strategic Account Manager, who is based in the TR Newton Aycliffe site, is taking on the EDP Rock'n'Roll Madrid Marathon on 27th April to raise money for a very worthy cause.

For over 20 years, the Rock 'n' Roll Marathon Series has made running fun by infusing each course with live bands, cheer teams and more. Music plays a core role in each , event, encouraging each runner to have fun, keep going and be part of a great community.

Don is running to support Newburn Sea Cadets, a charity provide opportunities for local children aged 10-18, ranging from first aid skills to studying marine engineering courses. Through these activities, the children can obtain various life skills such as leadership, teamwork and problem solving.

Don comments:

*"I feel that it is really important to invest in our future generations by giving them the opportunity to gain valuable life skills and appreciate the importance of being part of a community. Running a marathon is a massive personal challenge, but it's something I can be very proud of and I'm looking forward to enjoying the music, the atmosphere and raising as much money as I can."*

To read Don's full story and donate, please [click here](#)

# TR Press Release

TRadition as TR Fastenings continues supporting the annual Little Horsted Fun Run to celebrate their 10th year



April 2019



TR Fastenings (TR) is pleased to announce that it will be sponsoring the Little Horsted Fun Run that will take place on Sunday 12th May 2019 just minutes from TR's Headquarters.

This year will mark the event's 10th anniversary, and to celebrate there will be a wide variety of fun filled family activities including face painting, bouncy castle, ice cream van, cakes and much more!

There will also be a professional photographer attending the event, capturing great moments shared throughout the day which will be uploaded to the Little Horsted [Facebook page](#).

Everyone who participates will receive a medal, see below the distances you can sign up for:

- 1km (open to everyone)
- 5km (open to everyone)
- 10km (ages 15+)

Ticket prices are listed below:

- Adult £10
- Child £5
- Family (2 adults & children) £25

All the money raised this year will be used to purchase new equipment for the school.



# TR Press Release

## Comic Relief fundraising is a piece of cake for TR Fastenings team in Uckfield



March 2019



Employees at TR Fastening's headquarters in Uckfield raised over £200 for Comic Relief in a day filled with fun, fundraising and cake on 'Red Nose Day', the 15th March.

The total was raised by selling cakes, red noses and taking part in 'Guess Katherine Ryan's favourite flavour cupcake', an activity devised by the BBC. Eager bakers at TR's Bellbrook Park site concocted a delicious selection of sweet goodies including biscuits, cupcakes and traybakes.

Michelle Horscroft comments: *"This is such a great way to raise money, the office is full of skilled bakers and they outdid themselves whilst raising money for a great cause."*

[Click here](#) to find out more about Comic Relief and to donate.



March 2019



**TR Fastenings Holland is supporting Respo International, an organisation that offers solutions to enable disabled children in developing countries to participate in sports and other activities.**

Since 2005, in collaboration with Stichting Dir and Hogeschool Windesheim, Respo International has been conducting sports projects for people with disabilities in Ethiopia. These projects have led to the establishment of the DIRES House of Sport in Addis Ababa. DIRES House of Sport has grown into a private sports centre from where trainers organise weekly sports activities for a network of different schools for children with disabilities.

Patrick Italiaander, Buyer at TR's Holland location comments: *"My cousin, Nino Italiaander, is studying to become a gym teacher and is going to Ethiopia with a group of fellow students to help train disabled young adults to become teachers for the children. This will not only mean that the children will be getting regular exercise but it will also be giving these young adults a career."*

For more information on Respo International and the sports project in Ethiopia visit the website: <http://www.respo.org/>

February 2019



### Disabled athlete will compete in 2019 shooting season and climb Mt Kilimanjaro in October

TR Fastenings is renewing its sponsorship of Mick Kirby, the Sussex-based clay pigeon shooting champion who has successfully competed in the sport across the globe since overcoming a stroke 12 years ago and subsequently having his left arm amputated in 2015.

Mick is a naturally left-handed shooter and, after the stroke paralysed his left arm, he retrained to shoot with his right arm in 2009, with help from disabled sports charity Sportability. Mick has taken part in both disabled and able-bodied shooting competitions across the UK and internationally with considerable success.

As well as competing, Mick is now established as a referee in the sport, for both able-bodied and disabled competitors. He refereed the British Open in 2018 and will be overseeing a number of events throughout the 2019 season.

In a break from the shooting, Mick undertook a different kind of challenge in September 2018, when he joined the Amputation Foundation charity for a trip to the Calvert Trust adventure centre in the Lake District. For over 40 years, the trust has run adventure and activity camps and holidays for disabled people and their families, offering visitors the chance to challenge their disabilities and take part in activities such as water sports, horse-riding, sailing and hand-biking.

Mick comments: *"At the start of the trip, all of us were a little nervous and sceptical of how many of the activities we'd be able to do as amputees. By the end of a trip, wow, what a difference! Not only was I trying and excelling at things I never thought possible, I also met some friends for life. The whole experience was amazing and one I will never forget."*

### A new challenge for 2019

It is with these new acquaintances and some other less abled friends that Mick is planning his next challenge: to climb Mt. Kilimanjaro in aid of the Amputation Foundation. He has already started training for the trip, which will take place from the 3rd -13th October this year.

### Aiming high

In terms of shooting, Mick is competing in both down the line (DTL) and all around events throughout 2019, including the English and European Open championships. Competing against able-bodied shooters, Mick's aim is to get a medal in a mainstream competition. TR's support goes towards Mick's training, equipment and travel expenses, in exchange for the company's logo on his shooting jacket.

Abi Burnett, Head of Marketing at TR Fastenings, comments: *"We've been proudly supporting Mick for years now and it's amazing to have witnessed what he's achieved. Constantly pushing himself to do more, Mick always excels in every challenge he takes on, so we are looking forward to witnessing more of his incredible achievements this year."*



January 2019



Photo by Paul Manser - paulmanser.com

### Young triathlete gearing up for 2019 season with support of global manufacturing business

TR Fastenings (TR), the global specialist in the engineering, manufacture and distribution of industrial fasteners headquartered in Uckfield, is again sponsoring successful Sussex triathlete Jamie Bedwell, who is about to start another busy season as he continues on his quest to reach the Paris Olympics in 2024. Despite a serious car accident in 2016 and health problems in 2017 caused by scar tissue, Jamie has never given up his dream of competing for Great British Team.

Jamie gets up to train early in the morning before and after his University commitments whilst he prepares for the 2019 season which will be his second year competing as an U23 competitor in the British series. Still only 20, Jamie began triathlon training at the age of 16 and is now a member of elite club, Bodyworks. In February, Jamie will be joining other squad members at a regional academy training camp in the Algarve, Portugal, for ten days of intensive training in preparation for the season ahead.

TR is one of two sponsors Jamie relies on to help with costs towards his training, competition expenses, kit expenses and equipment. Jamie also works part-time with triathlon specialists 'The Tri Store' in Eastbourne, and is currently completing his final year at the University of Brighton (Eastbourne campus), where he is studying podiatry.

As well as competing at an elite level, Jamie is also determined to use his platform as an athlete to do good, spreading the word about important causes, positive change and taking the opportunity to help others. In September 2019, Jamie will be working with the United Nations on a special campaign aimed to raise awareness of the issue of plastics used in the bike and triathlon industry ending up in our oceans. Jamie hopes to raise awareness of the dangers of using single-use plastics and the need to find alternatives to reduce the industry's impact on the environment.

Jamie says: "As a triathlete, I train and compete in the sea all the time, so I see first-hand the damage that single-use plastics are doing to our beautiful waters. I am privileged to be in a position where I am becoming known in triathlon and local circles, which means I can help to draw attention to these important issues and hopefully help in the search for a solution."

The 2019 season begins in April with a swim-free 'Duathlon', before the British Triathlon series kicks off in June with a key event at Blenheim Palace. Jamie will be competing throughout the season across the UK, with standout races in Cardiff, Llanelli, London and Eastbourne. As well as competing for prize funds, Jamie will also be looking to cement his position as an under 23 athlete, on the pathway to Olympic selection for the 2024 games in Paris and the 2028 games in Los Angeles. The first step will be to qualify for the European Cup, which will mean being within the top 5 of his field. After this, the goal will be the World Cup, the World Series, and hopefully on to the Olympic squad.

# TR Press Release

TR Fastenings continues Jamie Bedwell sponsorship as he sets sights on 2024



January 2019



Photo by Paul Manser - paulmanser.com

Jamie adds: *"It's a really tough environment out there and there are only three places available on the Olympic squad, so it's certainly a challenging journey ahead of me. However, I am very positive and determined to put my all into my training; for me, having faith and a right mind-set as well as the support of those around me is where my strength lies. I'm very grateful for the team at TR for continuing to sponsor me, they have stayed with me from the beginning and throughout my accident and recovery and I simply couldn't do this without them."*

Abi Burnett, Head of Marketing at TR Fastenings, comments:

*"We have been on this journey with Jamie for four years and it's been incredible to watch his progress. In spite of terrible setbacks and injury, he has always stayed positive and his determination to reach his ultimate goal is inspiring. We are passionate about supporting local businesses and individuals and we are so proud to have the TR logo on Jamie's tri suit for another year: we wish him all the very best for the season ahead."*





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